Requesting Data from Uber

Requesting data

1. Navigate to: https://myprivacy.uber.com/exploreyourdata/download. You will be required to log in to your Uber account.
2. Return to https://myprivacy.uber.com/exploreyourdata/download after logging in (if not automatically redirected).
3. Click "Request". Note that you may have to wait 24 – 72 hours for your data to be ready. In our experience, this is closer to 24 hours.
4. You will receive a notification via email when your data is ready. You can search for the email using this query: [from:noreply@uber.com "Your Uber data is ready for download"]

Downloading data (once ready)

5. Return to https://myprivacy.uber.com/exploreyourdata/download. You should now see a "Download data" button

> Your data contains personal information, so please be careful when downloading and storing this file.
>
> **Download Data**
>
> The data archive will expire: Nov.
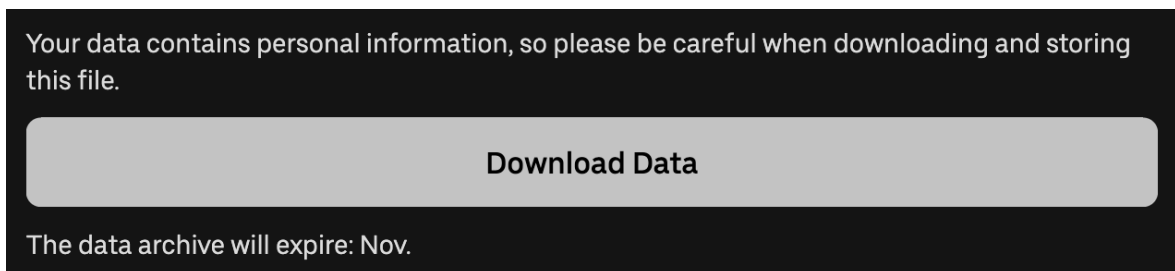
6. Click "Download data", and a .zip file should download. You will input this file on a secure website, and we will anonymize it before uploading. You will be able to preview what is uploaded to us.

Requesting Data from Lyft

Requesting Data

1. Navigate to: https://account.lyft.com/privacy/data/download. You will be required to log in to your Lyft account.
2. Return to https://account.lyft.com/privacy/data/download after logging in (if not automatically redirected).
3. Click "Request". Note that you may have to wait 24 – 72 hours for your data to be ready. In our experience, this is closer to 24 hours.

Download data

Request or download your data below.

Please note that you can only download one data file at a time. If you request a second time, we'll include data from your first request in the new file as well as recent info or info that's changed.

Cancel   Request

4. You will receive a notification via email when your data is ready. You can search for the email using this query: [from:no-reply@lyftmail.com "Your Lyft data is ready"]

Downloading data (once ready)

5. Return to https://account.lyft.com/privacy/data/download. You should now see a "Past Requests" and download button:

Past requests

October 28, 2025   ↓ Download

6. Click "Download", and a .zip file should download. You will input this file on a secure website, and we will anonymize it before uploading. You will be able to preview what is uploaded to us.